



NUTRITIONAL INFORMATION

TRADITIONAL WINGS (1.6 oz)

Product	Serving Size*	Fat (g)	Sugars (g)	Carbs (g)	Caolories (kcal)	Protein (g)	Sodium (mg)	Fiber (g)	Cal from Fat (kcal)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)
PLAIN	1 Piece	5	0	0	80	8	42	0	47	2	0	40
ATL STYLE	1 Piece	14	0	1	165	9	127	0	123	3	0	40
SPICY ATL	1 Piece	14	1	2	165	9	127	0	123	3	0	40
LEMON PEPPER	1 Piece	15	0	1	170	8	622	0	132	3	0	40
RANCH	1 Piece	14	1	2	165	9	372	0	128	3	0	40
GARLIC PARMESAN	1 Piece	12	0	3	155	10	167	1	110	3	0	45
GARLIC PEPPER	1 Piece	15	0	1	170	8	337	0	132	3	0	40
BBQ	1 Piece	5	5	5	100	8	162	0	47	2	0	40
HONEY BBQ	1 Piece	5	7	7	110	8	137	0	47	2	0	40
CAJUN BBQ	1 Piece	5	5	5	100	8	187	0	47	2	0	40
MILD	1 Piece	6	0	0	90	8	517	0	56	2	0	40
MEDIUM	1 Piece	6	0	0	88	8	522	0	54	2	0	40
CHEF'S SPEICAL (SUNS)	1 Piece	6	0	1	93	8	532	0	56	2	0	40
LUCKY'S SWEET RED	1 Piece	5	8	9	115	8	237	0	49	2	0	40
EXTREME HONEY HABANERO	1 Piece	5	6	6	105	8	222	0	47	2	0	40
HONEY HABANERO	1 Piece	5	6	6	105	8	222	0	47	2	0	40
HONEY MUSTARD	1 Piece	5	6	6	105	8	142	0	47	2	0	40
CITRUS CHIPOTLE	1 Piece	5	7	7	110	8	227	0	47	2	0	40
CAJUN HOT	1 Piece	6	0	0	88	8	537	0	54	2	0	40
HOT	1 Piece	6	0	0	88	8	517	0	54	2	0	40
TOXIC	1 Piece	6	0	0	88	8	517	0	56	2	0	40
SWEET & TANGY	1 Piece	5	4	5	103	9	507	0	47	2	0	40
TERIYAKI	1 Piece	5	5	6	103	9	322	0	47	2	0	40

*CALCULATIONS ADJUSTED 6 WINGS = 3 OZ OF SAUCE

*Recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium.
A 2,000 calorie daily diet is used as the basis for general nutrition advice; individual calorie needs, however, may vary.

